

Creative Ways To Upgrade Your Prayer Life

If your prayer life has devolved into a list of request or you are feeling uninspired to be in God's presence, then get creative and try something new and different. Don't let your prayer life grow cold and stale!! Try some of these ideas to get things going again...

1. Prayer walks - walk your neighborhood or place where you work and silently ask God to give you a word for each house or co-worker. Pray that word over each house or person you pass by.
2. Praying in color – “doodle prayers” - colored pencils, pens... start with the person's name you are praying with and as the Lord brings other words or scriptures to mind, use different colors to "doodle around the name. This unlocks a deeper part of the brain that allows the Spirit to flow freely through your mind and imagination.
3. Stop light prayers - Each time you are stopped at a red light pray for people waiting at bus stops, people crossing the street. Ask God to share a word you can pray over them - that might be the only time someone has actually prayed for them!
4. Drive by blessings - do you drive past an "adult business" on your way to work? Don't curse it! Bless it! Pray for the manager and the girls who work there. Ask God to provide them with better jobs, a new and better (and more family friendly) business venture so that this one can close. Pray for their salvation and for the men who frequent these adult business. Bless, and curse not! Pray your answer, not your complaint!
5. I don't like list prayers, but I go through seasons where I have so much on my heart that I just can't remember it all nor do I have the time. So I make Prayer calendar. I keep a list of all my family in the back of my Bible. I have pictures of my kids and their families there as well. I use these as daily reminders to pray.
6. Observe Advent and Lent. There are many on-line sites that give creative ideas to use these Holiday seasons as a chance for deeper intimacy with the Father.